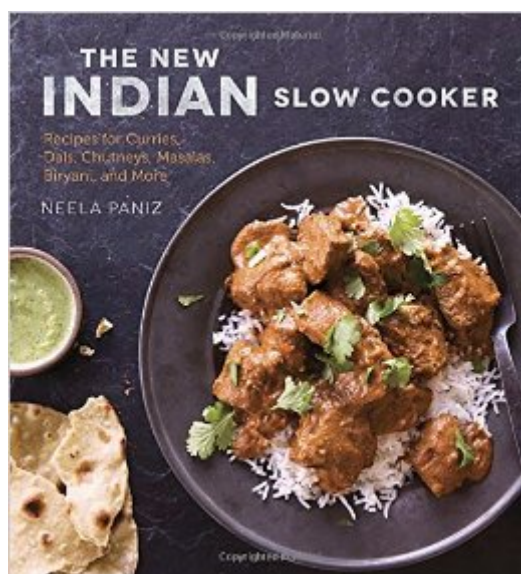


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The New Indian Slow Cooker: Recipes For Curries, Dals, Chutneys, Masalas, Biryani, And More



Synopsis

The newest book in Ten Speed's best-selling slow cooker series, featuring more than 60 fix-it-and-forget-it recipes for Indian favorites. The rich and complex flavors of classic Indian dishes like Lamb Biryani, Palak Paneer, and chicken in a creamy tomato-butter sauce can take hours to develop through such techniques as extended braising and low simmering. In *The New Indian Slow Cooker*, veteran cooking teacher and chef Neela Paniz revolutionizes the long, slow approach to making Indian cuisine by rethinking its traditional recipes for the slow cooker. She showcases the best regional curries, dals made with lentils and beans, vegetable and rice sides, as well as key accompaniments like chutneys, flatbreads, raita, and fresh Indian cheese. Using this fix-it-and-forget-it approach, you can produce complete and authentic Indian meals that taste like they came from Mumbai, New Delhi, and Bangalore, or your favorite Indian restaurant. Featuring both classic and innovative recipes such as Pork Vindaloo, Kashmiri Potato Curry, Date and Tamarind Chutney, and Curried Chickpeas, these full-flavor, no-fuss dishes are perfect for busy cooks any day of the week.

Book Information

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Customer Reviews

Indian cuisine is my culinary final frontier; for many years, I've collected Mediterranean, Middle Eastern and Asian cookbooks, but didn't have any in my collection that focused on the varied foods of India. I recently purchased *Indian Cooking Unfolded: A Master Class in Indian Cooking, with 100 Easy Recipes Using 10 Ingredients or Less* and reviewed *Prashad Cookbook: Indian Vegetarian Cooking*, gradually easing my way into various Indian regional cuisines. So I was excited as soon as

I heard that Ten Speed Press was bringing out an Indian slow cooker book to complement their other slow cooker titles and have eagerly been awaiting its release (note that this book is NOT related to The Indian Slow Cooker: 50 Healthy, Easy, Authentic Recipes). As soon as I received "New Indian Slow Cooker," I read it cover to cover and marked several recipes to try. There is a pretty even balance between meat/seafood dishes (15 curries) and vegetarian options (11 veggie dishes and 11 dals). Many of the rice dishes are also vegetarian. There are also several "out of the cooker" recipes for sides, including chapattis, homemade yogurt, kachumber, raita, chutneys, paneer and a spice blend.

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